

Real progress starts with the right support

Discover if a GLP-1 is right for you



Ready to take control of your weight loss journey? If eligible, your Teladoc Health Condition Management program will include coaching and lifestyle tools that work. And if you meet clinical criteria, you may also be eligible for GLP-1 medication, available for direct out-of-pocket payment. GLP-1s can help enhance your progress and support lasting results.

Meet with a board-certified Teladoc Health provider to determine if a GLP-1 is right for you, based on factors like your BMI, existing health conditions and personal goals. If prescribed, your prescription will be sent to a pharmacy provider for fulfillment and delivery directly to your home.

With GLP-1 support, you can expect:

- Ongoing clinical guidance from board-certified providers
- FDA-approved GLP-1 medication
- Clear, upfront pricing through the pharmacy provider
- Flexible, direct payment

Teladoc Health Condition Management includes:



A smart scale at no cost to you



A dedicated coach to guide your journey



Food tracking and lessons to build lasting habits

Enrollment begins 7/1/2026

Visit TeladocHealth.com/Begin/BCBSMA-ASC

Call 800-835-2362 | Download the app