



West Suburban Health Group Board Meeting

Tuesday March 24th, 2026, at 9:00 AM
117 E Central St, Natick, MA 01760
Meeting Minutes

Board and Alternate Board Members in Attendance:

Kevin Mizikar, Board Chair	Town of Shrewsbury
Erin Paolini	Accept Education
Gayle McCracken	Town of Dedham
Robin Tusino	Town of Dover
Dawn Fattore	Dover Sherborn RSD
Jon Marshall	Town of Natick
Dave Davison	Town of Needham
Michael McCall	Town of Wayland
Meghan Jop	Town of Wellesley

Guests in Attendance:

Nick Hawes	Town of Shrewsbury
Jeff Goodwin	Town of Shrewsbury
Dorothy Blondiet	Town of Natick

Board Chair Kevin Mizikar called the Board meeting to order at 9:04 AM.

Long Range Operational Strategy and Commitment

Kevin Mizikar opened by stating that the meeting was called in order to discuss the RFP for administrative and management services for the WSHG. He stated that he wanted to make sure that if we go through this process that the group has a commitment to stay together over the next few years.

The board members all agreed that through their own due diligence that remaining with the group was the best option for their respective member groups at this point in time.

Mr. Mizikar stated that one future goal he has is to look at our coverage model in future years to review plan offerings. He continued that it has been hard to get information from MIIA in the last two years if you wished to move to their coverage.

Dawn Fattore stated that having multiple plan offerings is helpful to provide options to employees that they may not get elsewhere. Gayle McCracken noted that we have more flexibility than the GIC. Robin Tusino asked about how long we are going to use trust to keep rates down. Mr. Mizikar stated that we need to look at how we manage our operations and that is part of the equation.

Nick Hawes and Jon Marshall reviewed the RFP with the group, specifically the Scope of Work and the Comparative Evaluation Criteria. The group provided some feedback and some edits were made to ensure the criteria is not too limiting.

The board voted to appoint a RFP review team that would screen make a determination on the most advantageous proposals to bring forward to a full board meeting for interviews. The 5 member review team was Nick Hawes -Shrewsbury, Jon Marshall - Natick, Bahiya Sauer- Wellesley, Gayle McCracken- Dedham, Dawn Fattore Dover-Sherborn.

Jon Marshall and Kevin Mizikar spoke about the Steering Committee receiving a request to consider GLP1 transitional services. They noted that a vote would need to come soon as there is a 60-90 day build up time to get the plan in place. The members decided on a 3:30 pm meeting on 3/30 to get things in order along with approving dissemination of the RFP.

The meeting came to a close at 10:30 a.m.

Submitted by Nick Hawes, Town of Shrewsbury