



FOR HEALTH PLAN MEMBERS



Why participate in the Diabetes Care Rewards Program

We'll help you improve your health and reduce your risk of heart disease and stroke. And you'll get a **Good Health Gateway® RX Rewards Card** to get your \$0 copays.

How to get your Good Health Gateway RX Rewards Card for \$0 copays



Register at GoodHealthGateway.com

Or call our **Good Health Gateway** HelpLine at

800.643.8028 Monday through Thursday 8:30 am - 6:00 pm and Friday 8:30 am - 5:00 pm EST.



Send us a **Provider Confirmation Form** or other acceptable documentation showing you completed the medical exams and lab tests listed below. Upload your documents through the website, send by mail, or fax to 877.378.4480.

Any of the exams/labs completed in the past year will count toward the requirement.

- Annual foot exam
- Annual eye exam
- Annual laboratory work-up of your fasting blood lipid levels
- Annual laboratory work-up of your urine/protein levels
- Laboratory work-up of your Hemoglobin A1c levels every 6 months



Get \$0 copays on covered diabetes medications and supplies using your **Good Health Gateway Rx Rewards Card** at your local, in-network pharmacy or through OPTUMRx® Home Delivery when the program requirements are met.

West Suburban Health Group is committed to helping you achieve your best health status. Rewards for participating in this wellness program are available to employees and their dependents on a West Suburban Health Group health plan who meet the program requirements. If your doctor determines you do not need one of the activities required in this program, they can simply indicate not needed beside that requirement, and you will receive credit for this requirement.

Participation in the program is voluntary and confidential. HIPAA privacy and security standards are used to ensure the protection of your healthcare information.

800.643.8028
GOODHEALTHGATEWAY.COM

Available to the following member employers of the West Suburban Health Group:

Accept Education Collaborative
Dover Sherborn Regional School District

Town of:

Dedham
Dover
Holliston
Natick
Needham
Shrewsbury
Wayland
Wellesley
Wrentham

For employees and their covered dependents of the above employers insured through one of the following West Suburban Health Group sponsored health plans:

Blue Cross Blue Shield of Massachusetts
Network Blue New England Benchmark Plan, Blue Cross HSA* qualified health plan

Harvard Pilgrim Health Care
Chocinet Benchmark Plan, Harvard Pilgrim HSA* qualified health plan

Tufts Health Plan
Benchmark Plan, Tufts HSA* qualified health plan

Fallon Community Health Plan
Select Care Benchmark Plan, Direct Care Benchmark Plan, HSA* qualified health plan

*Some restrictions may apply. Please call our HelpLine at 800-643-8028 if you have questions.