### **NEW WAYS TO SAVE**



# ON FITNESS CLUBS, EXERCISE EQUIPMENT, RACES AND MORE!



Now you can save on more things than ever to keep you active and feeling your best—just for being a Tufts Health Plan member! From fitness club memberships and exercise equipment to race registrations and online workouts. It's all available through the International Fitness Club Network (IFCN) beginning on January 1, 2018.

#### JOIN A GYM OR FIND A NEW ONE

Get discounts at over 14,000 IFCN health and fitness facilities across the U.S. You can even try before you join with a FREE one-week trial membership at any facility you like.\* Discounts at facilities like Boston Sports Clubs, Anytime Fitness, Curves, CorePower Yoga, and thousands of other local and boutique fitness centers and gyms.

**GET IN YOUR FITNESS ZONE** - www.preventure.com/ifcn-tufts. Use the password "**Fit4You**".

### NO TIME FOR THE GYM? WORK OUT AT HOME

#### **GET THE FOLLOWING DISCOUNTS ON FITNESS AND WELLNESS PRODUCTS:**

- + 10% off all fitness equipment from Sears. Receive the lowest guaranteed price on a variety of cardio and strength training equipment and accessories!
- + 10% off 6-Pack Fitness™ bags
- + 15-40% off 2nd Wind Exercise Equipment
- + 15% off Power Systems fitness and performance products
- + 20% off TRX online merchandise

SHOP FOR NEW TOYS AND TOOLS - www.preventure.com/ifcn-tufts.

Use the password "Fit4You"

## REGISTER FOR A RACE

Save up to 15% off registrations to races including: The Insane Inflatable 5k, Rugged Maniac, Spartan Race, The Color Run, and YourFirstMudRun.

PICK YOUR RACE - www.preventure.com/ifcn-tufts.

Use the password "**Fit4You**"

## SWEAT, SWIM AND READ

#### SAVE ON ONLINE WORKOUTS, SWIM LESSONS, AND MAGAZINE SUBSCRIPTIONS:

- + Up to 25% off online workout subscriptions from Daily Burn, Barre3, and Grokker
- + 10% off home swim lessons and life guard services through AquaMobile
- + Up to 90% off Shape, Rachel Ray Everyday, and Eating Well magazine subscriptions

FIND YOUR FITNESS FAV - www.preventure.com/ifcn-tufts.

Use the password "Fit4You"

## START SAVING TODAY!

To learn more or to find a participating fitness center, go to:

www.preventure.com/ifcn-tufts.

Use the password "Fit4You" to start enjoying your savings today!

#### **QUESTIONS?**

Call IFCN Customer Service 24/7 at 800.866.8466.

\*Specialty clubs and studios, such as martial arts, yoga, spin and personal training centers may offer different "trial" offers. Please inquire with the owner or membership department at these centers to verify offer.

