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# **Preventive Services Covered Under the Affordable Care Act**

If you have a new health insurance plan or insurance policy beginning on or after September 23, 2010, the following preventive services must be covered without your having to pay a copayment or co-insurance or meet your deductible. This applies only when these services are delivered by a network provider.

- Covered Preventive Services for Adults
- Covered Preventive Services for Women, Including Pregnant Women
- Covered Preventive Services for Children

#### 15 Covered Preventive Services for Adults

- 1. Abdominal Aortic Aneurysm one-time screening for men of specified ages who have ever smoked
- 2. Alcohol Misuse screening and counseling
- 3. Aspirin use for men and women of certain ages
- 4. **Blood Pressure** screening for all adults
- 5. Cholesterol screening for adults of certain ages or at higher risk
- 6. Colorectal Cancer screening for adults over 50
- 7. **Depression** screening for adults
- 8. Type 2 Diabetes screening for adults with high blood pressure
- 9. Diet counseling for adults at higher risk for chronic disease
- 10. HIV screening for all adults at higher risk
- 11. <u>Immunization</u> vaccines for adults--doses, recommended ages, and recommended populations vary:
  - Hepatitis A
  - Hepatitis B
  - Herpes Zoster
  - Human Papillomavirus
  - Influenza (Flu Shot)
  - o Measles, Mumps, Rubella
  - Meningococcal
  - o Pneumococcal
  - o Tetanus, Diphtheria, Pertussis
  - Varicella

Learn more about immunizations and see the latest vaccine schedules.

- 12. Obesity screening and counseling for all adults
- 13. Sexually Transmitted Infection (STI) prevention counseling for adults at higher risk
- 14. <u>Tobacco Use</u> screening for all adults and cessation interventions for tobacco users
- 15. **Syphilis** screening for all adults at higher risk

## 22 Covered Preventive Services for Women, Including Pregnant Women

The eight new prevention-related health services marked with an asterisk (\*) must be covered with no costsharing in plan years starting on or after August 1, 2012.

- 1. Anemia screening on a routine basis for pregnant women
- 2. Bacteriuria urinary tract or other infection screening for pregnant women
- 3. **BRCA** counseling about genetic testing for women at higher risk
- 4. Breast Cancer Mammography screenings every 1 to 2 years for women over 40
- 5. Breast Cancer Chemoprevention counseling for women at higher risk
- 6. **Breastfeeding** comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women\*
- 7. <u>Cervical Cancer</u> screening for sexually active women
- 8. Chlamydia Infection screening for younger women and other women at higher risk
- 9. <u>Contraception:</u> Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs\*
- 10. **Domestic and interpersonal violence** screening and counseling for all women\*
- 11. Folic Acid supplements for women who may become pregnant
- 12. <u>Gestational diabetes</u> screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes\*
- 13. **Gonorrhea** screening for all women at higher risk
- 14. Hepatitis B screening for pregnant women at their first prenatal visit
- 15. Human Immunodeficiency Virus (HIV) screening and counseling for sexually active women\*
- 16. <u>Human Papillomavirus (HPV) DNA Test:</u> high risk HPV DNA testing every three years for women with normal cytology results who are 30 or older\*
- 17. Osteoporosis screening for women over age 60 depending on risk factors
- 18. Rh Incompatibility screening for all pregnant women and follow-up testing for women at higher risk
- 19. <u>Tobacco Use</u> screening and interventions for all women, and expanded counseling for pregnant tobacco users
- 20. Sexually Transmitted Infections (STI) counseling for sexually active women\*
- 21. Syphilis screening for all pregnant women or other women at increased risk
- 22. Well-woman visits to obtain recommended preventive services\*

<u>Learn more about Affordable Care Act Rules on Expanding Access to Preventive Services for Women.</u> (Effective August 1, 2012)

#### 26 Covered Preventive Services for Children

- 1. Alcohol and Drug Use assessments for adolescents
- 2. Autism screening for children at 18 and 24 months
- 3. **Behavioral** assessments for children of all ages Ages: <u>0 to 11 months</u>, <u>1 to 4 years</u>, <u>5 to 10 years</u>, <u>11 to 14 years</u>, <u>15 to 17 years</u>.
- 4. **Blood Pressure** screening for children Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

- 5. <u>Cervical Dysplasia</u> screening for sexually active females
- 6. Congenital Hypothyroidism screening for newborns
- 7. **Depression** screening for adolescents
- 8. Developmental screening for children under age 3, and surveillance throughout childhood
- 9. Dyslipidemia screening for children at higher risk of lipid disorders

Ages: 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

- 10. Fluoride Chemoprevention supplements for children without fluoride in their water source
- 11. Gonorrhea preventive medication for the eyes of all newborns
- 12. **Hearing** screening for all newborns
- 13. **Height, Weight and Body Mass Index** measurements for children Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
- 14. Hematocrit or Hemoglobin screening for children
- 15. <u>Hemoglobinopathies</u> or sickle cell screening for newborns
- 16. HIV screening for adolescents at higher risk
- 17. <u>Immunization</u> vaccines for children from birth to age 18 —doses, recommended ages, and recommended populations vary:
  - o Diphtheria, Tetanus, Pertussis
  - Haemophilus influenzae type b
  - Hepatitis A
  - Hepatitis B
  - Human Papillomavirus
  - Inactivated Poliovirus
  - o Influenza (Flu Shot)
  - o Measles, Mumps, Rubella
  - o Meningococcal
  - o Pneumococcal
  - Rotavirus
  - o Varicella

Learn more about immunizations and see the latest vaccine schedules.

- 18. **Iron** supplements for children ages 6 to 12 months at risk for anemia
- 19. Lead screening for children at risk of exposure
- 20. Medical History for all children throughout development

Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

- 21. Obesity screening and counseling
- 22. Oral Health risk assessment for young children

Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years.

- 23. Phenylketonuria (PKU) screening for this genetic disorder in newborns
- 24. <u>Sexually Transmitted Infection (STI)</u> prevention counseling and screening for adolescents at higher risk
- 25. Tuberculin testing for children at higher risk of tuberculosis

Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

26. **Vision** screening for all children